

## Arthritis Foundation COVID-19 Resources

Here are some Arthritis Foundation resources you may find useful as we continue to navigate the COVID-19 outbreak:

- **Arthritis Foundation COVID-19 Website:** [arthritis.org/care-connect](https://arthritis.org/care-connect)
  - The Arthritis Foundation is in regular communication with national experts to compile the latest information on what we know about COVID-19 and how it affects people with arthritis.
- **Live Yes! Online Community:** [liveyes.arthritis.org](https://liveyes.arthritis.org)
  - In these stressful times, it's important for people with arthritis to find ways to stay connected to others. Our Live Yes! Online Community has forums where you can ask questions about COVID-19, talk with others affected by arthritis and more.
- **Arthritis Foundation Helpline:** [arthritis.org/i-need-help](https://arthritis.org/i-need-help)
  - If you are navigating insurance challenges, have questions about arthritis or need help with anything else, our national Helpline is a great resource. Our team of licensed, clinical social workers can provide assistance through the website above or via phone at **1-800-283-7800**.
- **Live Yes! Podcast:** [arthritis.org/liveyes/podcast](https://arthritis.org/liveyes/podcast)
  - Our podcast tackles hot topics every two weeks. Check out our coronavirus episode with a leading rheumatologist who's also an infectious disease expert.
- **Arthritis Foundation Social Media Channels**
  - Facebook: [www.facebook.com/Arthritis.org](https://www.facebook.com/Arthritis.org)
  - Twitter: [twitter.com/ArthritisFdn](https://twitter.com/ArthritisFdn)
  - Instagram: [www.instagram.com/arthritisfoundation](https://www.instagram.com/arthritisfoundation)

If you need additional information or assistance, please contact:  
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